

Ep 249

Krystal: [00:00:00] Hey, everybody, and welcome back to the Daily Grace Podcast. This is Krystal, and I'm joined, as always, by my co host, Shelby. Hey, Shelby. Hey, glad to be with ya. And we are super excited to be joined by Kelly Needham. She is an author and Bible teacher, really involved in her local church, training up women to teach the Bible, and is a fellow podcaster.

She's on the Clearly podcast with her husband, Jimmy [00:01:00] Needham. Kelly, we are so excited you are here. Thanks for joining

Kelly: us today. Thanks, Crystal and Shelby for having me. I'm so thrilled to be here. And

Shelby: this is actually not Kelly's first time on the Daily Grace podcast, I think in 2019. So it's been a few years.

She was on to talk about her book Friendish and Kelly, that was the first time I had one of your books in my hands. And what I loved about that book. It's a pain point for a lot of women and it said, Hey, I see your pain. Let's take that And go back to scripture and let's define friendship biblically and then work out from there and see if we can't solve some of these pains.

And So you've actually had a new book come out called. Purpose Fooled, and it does something similar with another pain point for women, which is purpose and calling.

And so this is actually an episode that's a part of a series we're calling Women And, and so we're talking through women in calling, women in church, women in home, and a few other things. But basically, we just wanted to take, hey, what are spaces that are traditionally difficult for women to [00:02:00] navigate?

Like, they have a lot of pain points, they're hard, and we want to address those pain points by. Going back to scripture and saying, Hey, can we first define this biblically and then talk about what it looks like to navigate with that biblical worldview. And so we're super excited to have you on to talk about purpose and calling in your new book.

But I think the first question I just want to ask is about your story with calling because we're talking with women about how we navigate this. So Kelly, just

like you, navigating calling in your life as a Christian woman, What's your story? Like, what does that look like for you throughout your

Kelly: life?

Well, like most people probably listening, it's felt kind of confusing, uh, early on in my life. Like, I had a walk with Jesus that was vibrant even when I was young in, like, junior high and high school. And so, of course, my youth leaders at that time are seeing in me, like, this deep hunger for Jesus. And so things are being said to me, over me, about, like, big things that are, I'm gonna do big things, or the Lord has big plans for my life.

And we know that's true of every person, [00:03:00] right? But, I internalize that as, oh, something unique and special for me is on the horizon. God is up to something unique in me. And then, I get married at 20, which was not, uh, my plan. I thought I'd be single for a long time and be a missionary overseas or something like that.

But instead, I get married, and to a man who then... We have another curveball of he gets offered a spot on a record label and now has a music ministry and we're on tour. Then I find myself all through my 20s in the background of my husband's ministry, folding t shirts, running the merch table, overseeing travel bookings.

And just feeling like, what happened here? Like, I have more to offer the world than, than just a well planned, uh, trip. And making sure everybody has their nice folded t shirt and CD from the concert. So I really began to wrestle with it then. Like, what is, how do I even know that this matters? What does God have for me?

Does he have something specific for me? Is this all he has? And of course, then you throw motherhood a few years later into that, which was very much a desire of my heart. But all of that. just kind of made me question, what really am I made [00:04:00] for? What has God really called me to? And how do I deal with that in these ups and downs of life and just these seasonal things that I think all women go through?

We're very relational in our nature. So all of us, single, married, moms, not, we end up going in and out of so many different varieties of seasons. And it really, I think, makes us question, What is my purpose in life? And how does it exist in all these spaces?

Krystal: And that's so much of what we talk about in your book.

The whole title of your book, it is Purpose Fooled, Why Chasing Your Dreams, Finding Your Calling, and Reaching for Greatness Will Never Be Enough. So I feel like even from that subtitle, it draws you in like, okay, so, so what is, what is it that I'm supposed to do with this? So let's talk about what calling is.

How would you define

Kelly: calling for us? Yeah, that's a big word. And something that my husband and I say a lot is we want to talk how the Bible talks. We want to think how the Bible thinks. And so I took to the scriptures. And went, how does the Bible understand calling? And if you look at the scriptures from front to back, and especially in the New Testament, [00:05:00] calling is primarily understood as being very much tied to our salvation.

So think about 1 Corinthians chapter 1, very well known passage for most people, but it says, Paul says, consider your calling. So there it is. Consider your calling. What does he follow that with? Um, he follows it with a long description that we are, are not wise, not noble, but God has chosen these things to shame the wise, that he has called us to Christ.

He's describing our salvation that we didn't have anything to offer, but we were chosen by him so that Christ could become for us all these things. Or Peter will say in second Peter, chapter one, he says, be all the more diligent to confirm your calling and election. So, the New Testament sees calling as, you're called to Christ, which is a just different way to talk about our salvation.

That you have a big, glorious calling, but that calling is to a person, not to a set of tasks. Primarily. There are a few outliers of different people who have unique, specific tasks set before them. But even then, it exists as a secondary calling [00:06:00] underneath this primary one, that we are called to the very person of Christ in our salvation, and that that's the calling the Bible is obsessed with.

Okay,

Shelby: I feel like we need to pause, because that's kind of like a mic drop moment. There's probably a lot of women listening who are like... Hold on a second here. Because I've been to retreats and I've sat in services and, you know, we've been discussing this topic of calling for a couple of weeks now and I started noticing it everywhere when we started talking about it.

I went on a seminary website to look something up and on the front of the website, the very home page when it was trying to help you choose maybe your degree program, it says like, what is the Lord called you to? And so you're saying like, which You are 100% right, by the way. Our research 100% agrees with yours that calling is primarily talking about salvation.

So, is it wrong to say like, I feel called to, and then say something specific and unique to maybe what we see in front of us in our life? Or how do [00:07:00] we navigate maybe how this word is used primarily in Christian culture versus how the Bible defines it?

Kelly: Absolutely. I mean, this is where we, we really have so much nuance to work through and make sure that we understand how we're using our words even, because I'll use myself as an example.

I just wrote a book. And I would say, I feel a unique gifting to write. Um, I feel like God has put unique circumstances in my life to grow that gift. I have unusual opportunities that have been in front of me and not other people. Uh, all those things for me, I look at that and I go, Lord, it seems like you are setting writing before me as something that you would have me do.

And the people in my local community, my local church body are looking at me saying, Kelly, this seems very obvious to us that this is what God is setting before you to do in your obedience to him. So, other people, and it would call that calling. They would look at me and say, you're called to write, you're called to be an author.

But I actually, it's helped me to not call it that. Because here's my concern. If we [00:08:00] say, I'm called to blank, and we put a verb in that place, I'm called to write, I'm called to preach, I'm called to teach, I'm called to mother, I'm called to disciple, whatever the verb is, that is going to be our Lord. That's going to be what drives us.

Here's what I mean. We need a deep meaning and purpose in life. I think it's wired into us. I think it's, you see it in Genesis 1, we're made in the image of the creator. We are made for big things. We are made for him. But as soon as I feel called to writing now, uh, that becomes a thing I have to do to find meaning in my life.

And anything that gets in the way of my writing becomes an obstacle that I have to shove aside. So my kid is sick. I can't do my writing day. I may not say it cause I know it's not the right Christiany thing, but what I feel is. Man, this is,

this is an obstacle to what I was made to do. I don't have time to take care of my sick kid.

I need to write. This is my purpose in life, you know? Um, and I think that is the concern here. And what you see, even in people in our Bible that are doing big, awesome things, right? The Apostle Peter, who [00:09:00] is the rock that the church is built on, Jesus isn't looking at them and saying, Peter, you're called to this.

He looks at him in John 21 and says, Peter, do you love me? And then he says, follow me. All of the New Testament centers around, we're called to a man. We follow the man. And that's liberated me, even in writing, for example, to keep Jesus as my Lord and not the tasks that he may or may not set before me. I actually wanted to write Purposeful in 2020.

I had set aside plans to write it. So the end of 2019, right after Friendish release, this was on the docket. I had a whole like game plan for it. And then of course, 2020 happened and my three young elementary aged children began to distance learn from home. And it was like, well. I shelved writing. It was very obvious.

I was like, this is not what God has for me in this year. And that didn't make it easy. There was a wrestle in me. But at the same time, I felt free to go, I'm following a man right now. I'm following Christ. And through my circumstances, he has said a different work before me than I thought I would have.

And I'm now free to do that with as much purpose and meaning because he said it before me, then as much as writing. Because my purpose is a person. [00:10:00] It is not a task. And I think that's what the New Testament is getting at when it's saying you're called to Christ. And then he tells us, walk in a manner worthy of God who calls you into his own kingdom.

That's the calling. It's to the Lord himself.

Krystal: How freeing is that too to think of when, especially when you come out of college, like, what is it that I'm supposed to do with my life? Like what is it that I'm called to and you have to figure it out in a very short amount of time when you're still very young and really you just need a job.

Like you just need to survive. You're like, I'm just in a job. This is not my calling. This is not my purpose. Like I made for something else and then we're

just never satisfied with where the Lord has us. Um, I just, I have so many questions in my head personally, but I'm going to try to stick to the topic.

So I'm like, I want to talk to you about my life, but it's not what the purpose is here. But I do want to ask, like, as we're thinking about the book, you know, purpose fooled, How would you say that we've been fooled in? What our understanding is when it comes to purpose and how we talk about especially as women in the

Kelly: church, right?

I [00:11:00] think the the primary way that we've been maybe deceived to understand our purpose is to understand it as something that we do That's by and large if you look at non christian books on the shelves in a bookstore in the self help section You look at Christian books. You're gonna see Purpose being almost across the board as what you were made to do.

And so those books center on what you just described. You need to look inside yourself and you need to figure out what you were called to do, what your unique giftings, wirings, dreams. You need to assess yourself, figure that out, then go do that thing. Or find ways to do it where you're at. And I think that's problematic.

And here's why. Primarily, here's my first response to that. It is a position of privilege that we would even... be able to have this conversation about that that way. Because there are people and believers in other parts of the world that are living in poverty, that are living in types of slavery, that don't have any option whatsoever about what they would like to do with their life, what types of work they would like to do.

There is no option for them. And so if we're saying a purposeful life comes from doing the thing you were made to do, well, that's a privilege that you're afforded because you [00:12:00] have opportunities and options. But you've now told a whole group of people on the planet, sorry, you can't live a purposeful life.

Because you don't have those options. Or what about the disabled community, or children, or people in cancer treatment centers, who their main job is to receive care? It is so much work to be in cancer treatment. Like, I know a few people in my life who are walking that road. It's like, gosh, that is exhausting.

And you haven't done anything, you know? So it feels like, do I have no purpose in my life because I haven't accomplished anything? I'm not doing the

things I feel called to do. So when we talk like that, it really sequesters people from even having purpose at all the way that we talk. And that is one of my biggest problems with it.

I just don't think it fits biblically. It's not a truth that can be applied universally. And so therefore it can't be truth. So that's, that I think is the problem. We've seen purpose as something that we do. And I would say biblically what we see is our purpose is not a verb, it's a noun. Our purpose is a person.

And now that's harder to wrap our minds around, it's harder to understand the implications of that. There [00:13:00] are huge implications, but we were made for a person. And that is something that can bring about deep meaning and fulfillment for any type of person on the planet.

Shelby: I think what I see often, and this is really in all these spaces that we're going to be talking through throughout this series, but is that Christian women tend to take, alright, what has secular culture told me I should be doing with my life?

And so American Western culture has said you should build something and it should be great, you know? Um, and so what we do is we just take that idea and like, okay, but I'm a Christian, so I'm going to build the thing that Jesus wants me to build. And so we just like, really, we need to dismantle that whole idea down to the foundation, go to scripture and say, Hey.

What is it that God has actually called me to do with my moments, my days, and my life? Because otherwise, we're just taking something that's maybe totally inaccurate, sprinkling a little Jesus on top, and then we're frustrated when it doesn't work. And so I think it's really, really important that we're [00:14:00] having this conversation.

You know, you say in your book that the problem isn't that we long for something more. The problem is what we believe that something more is. And so I think it's really important to get to that place in this conversation where we're saying, That doesn't mean that you should just be like, well, whatever happens, like, I'm just gonna sit at home and, you know, um, but, uh, but what are you talking about here?

What is the something more that we should long for in that is available to us?

Kelly: Yeah. The book of the Bible that's really helped me understand that is the book of Ecclesiastes. And actually, I address the book of Ecclesiastes many

times in Purposeful because of that. Because in that book, you have a man who did it all.

That's really how the book starts. So if you open it up, the writer, whether it's Solomon or someone writing from his perspective, I'm not 100% sure, but he's taking that perspective, Solomon, who was the wealthiest man You know, he accomplished great feats of architecture. He achieved great things. He was the wisest, most famous, most [00:15:00] all the things ever.

He has climbed to the top of the mountain that we're all trying to climb of accomplishment and purpose and a meaningful life. He built the temple of the Lord, good things and not great things, but he did it all. And he gets to the top of the mountain and essentially says, there's nothing here. There's nothing up here.

It's the only thing that's up here that I can see as meaningful as the same thing that was down at the bottom. And he concludes in the end of the book.

Everything boils down to this, fear God and keep his commandments. It's like, God is the better thing. Just the very person of God. And again, this is what, it was interesting interviewing people for this book because I would look at them and say, you know, you and I actually have the exact same purpose.

We were, we were made for God. We exist for Him. Our purpose is a person. Now, we may live that out differently, but we have the same purpose. And they would look back at me and say, So you mean my purpose is to live for God? I would say, I don't even think that. What if you suffer a stroke and you can't do anything, but just exist in gratitude to Him?

I think you still have purpose in meeting your life because your purpose is Him. Okay, so my purpose is to do great things for [00:16:00] God. Isn't it interesting how we just want our verbs back in there? We want to do for God. More than we want to know him because we love doing, we love being the central figure in the story.

We love being the hero, having a mission to accomplish. And I think what the Bible is showing us is there is one hero and it's not us. He has a mission. It's not that he's winning it. Now he's inviting us in and we get to be with him in that. And he absolutely wants our hard labor. He wants us to work hard for him.

You know, Paul, who's writing about all these things is saying. I worked harder than any of them, this is not a message of sit back and kick your feet up, but it has to start with, I exist for a person. That the deep ache for transcendent

meaning, this sense of like, my life matters, that is found in no other place but just the vast character of God.

And who he is, which does require us. We're going to tap into that to stop doing and sit still and get to know him and spend time with him, which is why Jesus, when he's asked, what is the greatest commandment? He doesn't say, get about [00:17:00] changing the world for me. He does not say that. He doesn't say, go serve other people.

He doesn't start there. He says, love me. Love the Lord your God with your heart and your soul and your mind and your strength. How else could he tell us? It's going to take a lot of work for you to do it. All of your strength, all of your might. You give yourself to just relationship with me first. And when we abide with him.

It will produce the fruit we're after, but it has to start the better thing. The something more is the very person of God. Okay.

Krystal: So let's say someone's listening and they're thinking, you know, my life has not turned out the way that I had hoped or the way that I had dreamed. Um, what would you say to the woman that like, maybe she has a big dream in her heart.

She has a desire. She does want to do great things, but it's always like, I'm going to do great things for the Lord. Or we kind of like add something to it. What would you say? For someone who wants to be biblically faithful in this space of pursuing her God given purpose as a believer in Christ, what would, what would you say to her?

What would be her next step?

Kelly: I would say the same thing that the Lord has comforted me with, which is this, God does not [00:18:00] need you to do great things for Him. He just wants to be with you and he just wants to redeem you. That's what the work of this side of heaven is. It's salvation, right? The Bible talks about as we are saved, we are being saved and we will be saved.

That we really are recipients in this whole equation, not contributors. And when Jesus defines greatness in the kingdom, that's exactly how he will define it. He will pick up a child and set a child on his lap and say, this is what it means to be great. Which to me is crazy because children really are the epitome of receivers.

Anyone listening who has a child knows that's all they do all day. That's how they start. You know, it's like my children are downstairs. I have five of them. They have beds to sleep in because we bought them. They have food to eat because I bought it. I prepared it. I mean, it's like that's what it means to be a child.

You are just a receiver and you're fine with that arrangement. It's actually getting them to adulthood is turning them into contributors, which is what we should do. But when Jesus talks to us about greatness. He picks up a child and says, you have to be like children to not only enter the kingdom, but to be great in the kingdom.

[00:19:00] And I think that's one of, that's one thing that's helped me because I do long for greatness. And Jesus does not despise that. When people ask about greatness, when the disciples ask him, he doesn't say to them, stop trying to be great. That's foolish in the way of the world. You know, he doesn't do that. He honors their question with a legitimate answer.

He just redirects it. He says, I'll tell you who the greatest are. Greatest are servant and slave to all. The greatest are those who are like children. They're embracing their role as recipients in the relationship. God does all the contributing I receive from him, and I will remain in that posture happily.

So, and God looks at that and says, yes, that is great. So that would be, that's what's comforted me. Now, it's also kind of a blow a little bit, right? Because we want to achieve great things, but God has often encouraged my heart with that truth. I don't need you to do great things for me today, just receive from me.

And then the second thing that has helped me in that has been a few passages in the Bible, but the one that comes to mind is Hebrews chapter 12, where it talks about running our race, right? Because we want to run a race every day. But it's interesting how it's phrased. It says that we are to run the race that is set before us, fixing our eyes on Christ, throwing off sins and [00:20:00] weights.

But it doesn't say run the race that you designed, run the race that you would like to run, run the race that you discovered within your heart that you needed to run. It says, run the race that is set before you, and that we're to run that with a great cloud of witnesses in mind from Hebrews 11. And so, again, to use myself as an example, right now, this seems really cool, right?

We're doing an interview. It seems notable. People may listen to it. But most of my day yesterday was dealing with a stomach bug in my house. It's going

through all the kids and it's rough because kids don't aim great. And there's a lot of laundry and cleanup from that. And that's not what I planned on doing that day.

But when that happens, this is the truth I preached myself, Lord, this is the race you set before me to run today. And it's going to require a lot from me. It's going to require my patience. It's going to require dying to things, maybe dying to dreams, maybe dying to goals I had for today. It's going to require kindness and maybe sleepless nights as kids are waking up through the night.

Would you help me run this race? Well, help me fix my eyes on you and run this race that has been set before [00:21:00] me today. Immediately doesn't, I don't want to diminish the maybe cool, notable things we do like interviews and write books and all that. If anything, I would hope this elevates every other day of our lives, that it is as significant as a day that you may find yourself on a stage teaching to a group of women or hosting a podcast.

That's great. God will use it, but he will also use. Just as much, if not more so, those hidden days that are set before you, if you run them well, that, to me, has helped to go, he just needs me to be recipient, and he's asking me to just run the race that he set before me today, could I do that with him, for him, and by his strength today, if I can do that, abiding in him, he guarantees me, if I abide with him, it'll produce fruit, and may I be content with that, even if I don't see the fruit now, it might be later.

I think that's

Shelby: super encouraging, probably for most women, just to hear, one, that, Every day counts because we all have those. Hidden days, and I would argue that more are hidden than visible for all of us, you know Let me ask you this question. So [00:22:00] I can see someone listening who's like man. I am so passionate about Insert noble cause you know, maybe they're Working on something in their church or in their neighborhood or in their children's school or something like that I can see them listening to this episode and thinking Should I just quit it all and stay home and read my Bible, you know, so what I don't know what encouragement or just what might you say to somebody who's Their their truest desire is to honor the Lord with their days And so they're beginning to wonder if their passions are leading them away from fulfilling their purpose.

Kelly: Yeah Well, I think our passions can lead us away from Jesus very easily. I think that's a temptation we all face, and I think you see it in the pages of

scripture. So I think that's a legitimate concern. And I think the safeguard to that is time with Jesus. If our purpose is a person, then one of the biggest implications of that reality is this, that life is more about knowing than doing.

If my purpose is a noun and not a verb, then knowing the noun matters more than doing. [00:23:00] And that's what we see in places like Mary and Martha, right? Jesus says Mary chose a better thing. She sat down to know me. To just be still with me. Jesus, absolutely, after our hard work, I think anyone who's genuinely sitting with him, knowing him and his word, is not going to be still for that long.

I just don't think you can, because he'll make needs, he'll make you aware of needs around you. And he's also commanded us to disciple the nations, right? So we know that those things co exist, but they are given a type of hierarchy, right? First, love God, then serve others. The better thing is to sit with me, to be still, then go do.

And so, to me, that has always been helpful to go. If I'm too busy to sit quietly with God, then I'm too busy. And that means my passions are pulling me away from the main thing and everything goes awry from there. So there's, that means that I can waste my time quotes, waste my time with Jesus. It's obviously not wasted, but sometimes it feels that way to us in a very driven culture where we always feel behind.

Like I'm not getting ahead of the things. My purpose is a person. Then I now have permission to spend [00:24:00] lavish amounts of time with him knowing it's the better thing. And that. I don't have to be the one to safeguard my heart from spending too much time with him, you know? He will let me know when it's time to get up and get moving.

He will let me know when it's time to get about the work. But I will never go wrong spending time with him. For me, that is such a safeguard, to just make sure I have time with him. And then, I think the other thing that comes to mind is this parable we all use a lot to give ourselves a driven full life, um, the parable of the talents.

You know, we have this parable Jesus tells where things are entrusted to people, different amounts of talents. And the point of the parable is do something with it. Bring about a return for your master. Don't bury it in the sand. Actually steward it, look at it and care about it and go, how could more of Jesus come into these spaces?

Because I have this thing in my hands. But we tend to only think about that with a very narrow slice of our life. My particular skill set. That's like the thing we maybe put in that category. What am I uniquely good at? I need to steward that. And [00:25:00] I would say, 100% yes. But there are so many other things I think entrusted to me that I consider when I think about that parable.

Only I can be a mom to my children. Those are five different relationships that I've been given that I think are talents entrusted to me. I have, I'm the only one who has the role with my husband of his wife, what a place of influence that is. I'm the only one with my particular set of physical neighbors who live around me in my neighborhood.

I'm the only one who lives next door to that person. That to me is a talent I've been interested with. What am I doing with it? I'm the only one who has my particular suffering that I've gone through. You know, the Bible will tell us that how we're comforted in suffering was meant to comfort others. So what am I doing with my suffering?

What how I've walked through that? There's so many other things that I think fall into that category. And my hope is for myself and others that we wouldn't just prize. This small slice of things that we're trying to steward, we would like, look at our lives in prize at all. Go all, look at the wealth of things and relationships and connections and opportunities.

And that may be, like you said, the woman who has an opportunity to serve in her kid's [00:26:00] school or in a ministry down the street. That absolutely is something to consider and steward. But it's one of a lot of other things as well, and all things are meant to be considered and stewarded for his glory, not just the small sliver of our particular passions that we enjoy.

Yeah.

Krystal: And I think that's such a good question to consider, Shelby, because I do think a lot of women that are going to pull up this episode, they're going to be like, She's gonna tell me how I can, like, better fulfill X, Y, and Z that I'm passionate about. But I wanted to even tie it back to what you said earlier, where if our calling, in quotes, is a thing that we do, then that gets elevated, potentially, to an idol.

And that's what we're focusing on. So when we're running the race, our eyes aren't fixed on Jesus. It's fixed on the thing that I'm going to do. So when we

deal with chronic pain, when we are sick, when We have a baby and we can't do all the things that we thought we were going to do when we have a newborn.

Then that, like, puts your identity in crisis. Like, well, who am I if I can't fulfill this quote unquote calling? So I think it's a really helpful question to consider, because I think we all feel that. We [00:27:00] all have passions. It's just a matter of what we do with it. We put it under the rightful place of knowing Christ, being with Christ, following Christ, knowing that he is going to have us move towards whatever that passion is for his glory.

And so it's not a either or thing. It is a both and, but it's in its right place. So we have one more question. It's one that we ask every guest that comes on the podcast. So here at the Daily Grease Co., we say the gospel changes everything. So we would love to hear from you what the

Kelly: gospel has changed.

The gospel for me has changed my goal in life. I'm a very driven person, uh, as probably many people listening to this episode are. Got a lot that we want to accomplish and do in the world. I, I love checking things off my to do list. I'm very driven. It has changed for me, my goal, and it has given me a new goal, that my goal is Jesus.

As nebulous as it sounds, my goal is, can I get more of him today? If that happened, that was a good day that accomplished a lot. Can others in my life get more of him? That's a good day. And [00:28:00] that has really changed for me and liberated for me a very driven person who likes to accomplish a lot of things.

It has helped me see the value in my days where I maybe was home all day, like with sick kids, but I spent time with him and I got more of Jesus. I studied a new part of his character in the word, or I got to talk to him, hear his heart, share my own. Man, that, that is my goal now. It's just him. Can I have more of you?

And that really is what the gospel has purchased for us. That's what Jesus came to do is give us himself, not give us a way to change the world. He's already doing that and he's looping us in, but he gave us himself. And that for me has given me both peace and rest and energy to work hard in my day to day for him and with him.

Shelby: Yeah. Thank you, Kelly. This whole episode has been so wonderful. So helpful. And, you know, we say this every so often on the podcast, but I know that many women are listening on the go. You're commuting, you're doing chores, you're [00:29:00] whatever. You've found a moment to just listen and it's so tempting to just turn this off and then go do the next thing and then not ever think about this again.

But my encouragement to you would be, yep, turn off the episode and then just like maybe sit in silence for a moment. Maybe just let the Lord search your heart in this area. Maybe think about your passions. Maybe think about if your purpose is a verb or a noun. We always want to encourage you to respond, especially when it's an episode like this that it just really hits straight to the heart.

So let me, let me just encourage you to do that. But Kelly, thank you so much for joining us. Yeah. Thank you for writing this book. Thank you for waiting to write this book when it wasn't the right time. Man, just really thankful for your voice on this topic and we will be sure to link this in the show notes.

But we have just loved chatting

Kelly: with you today. Thank you guys so much for caring about this topic and for having me on. So

Shelby: We will link Purpose Fooled in the show notes for you as well as all the ways that you can connect with Kelly and her podcast, her [00:30:00] Instagram, all that good stuff. And while you're in the show notes, don't forget to subscribe to our weekly newsletter to receive free resources related to the podcast straight to your inbox.

Until next time, you can come continue this conversation with us over on Instagram at Daily Grace Podcast. We'll see you next week. Bye.